

MONDAY		TUESDAY		WEDNESDAY	THURSDAY	FRIDAY	
 House Cleaning		 Shopping		 Transporation Medication Pick Up		 Lawn Mowing	
ONLY on MONDAY						 2 Elders exercise bikes available 11AM to 12:30PM	
Menu is subject to change without notice.						 Puzzles to check out  2 computers to use	
4 TITLE VI WILL BE CLOSED IN OBSERVANCE OF INDEPENDENCE DAY		5 Chicken Salad Sandwich Baked Lays Sliced Tomatoes Yogurt		6 Steam Fry Boiled Potato Cottage Cheese Fry Bread Orange Milk Day Perkins Family Clinic Wellness & Health		7 Parmesan Tilapia Asparagus Salad Fruit Cocktail Sack Breakfast	
11 Roast Beef W/ Gravy Mashed Potatoes Capri Blend SF Chocolaté Pie		12 Turkey Bacon Sandwich with Avocado, Lettuce & Tomatoes Pasta Salad Fresh Fruit Cup		13 Brisket Potato Salad Ranch Beans Cherry Pie Milk Day		14 Fried Catfish Hushpuppies Coleslaw Potato Salad Lemon Bars Sack Breakfast	
18 Tater Tot Casserole Green Beans Lemon Pie		19 Italian Chicken Bruschetta w/ Pasta Italian Vegetables Salad Tiramisu		20 Goulash 4-Way Blend Dinner Rolls Tropical Fruit Salad Milk Day		21 Fish Sticks Mac & Cheese Pacific Blend Pears Sack Breakfast	
25 Hamburgers w/ all the fixings Baked Lays Chips Baked Beans Cookies Call in MILK ORDER 547-5407		26 Chicken Pot Pie Salad Plums		27 Taco Salad Apple Slices & Grapes Milk Day		28 Tuna Salad on Bed of Lettuce w Tom. 3 Bean Salad SF Pudding Sack Breakfast	
						1 8 HOMEBOUND ELDERS Please call BEFORE 10AM if Not Home	
						22 LUNCH SERVED Monday-Thursday 11:30AM-12:30PM	
						29 CLEANING SUPPLIES Request Wednesday ONLY (Supplies are limited)	