




November Menu & Activities 2018

MONDAY	TUESDAY 	WEDNESDAY	THURSDAY 	FRIDAY
<p>If your name is not on our Casino list elders will/may not get your Iowa Title VI Service Area Specials please call TAKE NOTICE</p>	<p>Title VI lunch is served Monday thru Thursday 11:30-12:30. Fridays is Breakfast 8:30 - 9:30 NOTICE Breakfast on Nov. 1st Nov. 20th.</p>	<p>MENU SUBJECT TO CHANGE WITHOUT NOTICE</p>	<p>1 Breakfast Pizza Salsa Sour Cream Avocado Orange Juice 2% Milk Ioway Casino Day</p>	<p>2 Title VI Closed Shopping Day at Shawnee leave WC at 8:30-2:30</p>
<p>5 Meat Loaf Mashed Potatoes Gravy California Blend Strawberry Cake 2% Milk</p>	<p>6 Chicken Nachos w/ Black Beans and all the trimmings Guacamole Spanish Rice Banana Pudding 2% Milk</p>	<p>7 Pork n Hominy Boiled Potato Green Beans Banana Fry Bread 2% Milk SACK BREAKFAST</p>	<p>8 Tuna Fish w Lettuce & Tomatoes Baked Chips 3-Bean Salad Cinnamon Apple Rings 2% Milk</p>	<p>9 Bacon Western Egg Scrambled Biscuit w/ Gravy Juice 2% Milk Cimarron Casino Day</p>
<p>12 IOWA TRIBE CLOSED VETERANS DAY</p>	<p>13 White Cheese Chicken Lasagna Italian Veggies Lett. & Tom. Salad Angel Food Cake 2% Milk</p>	<p>14 Pork Chops Wild Rice with Mushroom Gravy Vegetables Blend Fruit Cocktail 2 % Milk Traveling to OTOE THANKSGIVING</p>	<p>15 Tilapia on bed of Rice California Blend Salad w/Dressing Cherry Crisp 2% Milk</p>	<p>16 Corn Flakes w/ Bananas Sausage Links Blueberry Bagel Cream Cheese 2% Milk Sac and Fox Tailgate</p>
<p>19 Title VI Program Elders Thanksgiving</p>	<p>20 BREAKFAST NO LUNCH Bacon Eggs Hash Browns Biscuit & Gravy Orange Juice 2% Milk No Salad Bar</p>	<p>21 TITLE 6 CLOSED TITLE 6 CLOSED TITLE 6 CLOSED</p>	<p>22 TRIBE CLOSED FOR THANKSGIVING </p>	<p>23 TRIBE CLOSED FOR THANKSGIVING </p>
<p>26 Turkey Pot Pie Salad Peaches 2% Milk</p>	<p>27 Chicken Sandwich Lettuce & Tomatoes Baked Lays Cookies 2% Milk</p>	<p>28 Steam Fry Mediterranean Flame Roasted Vegetables Fry Bread Fresh Orange 2% Milk</p>	<p>29 Fish Sandwich Lettuce & Tomatoes Broccoli Salad Tater Tots Pineapples 2% Milk SACK BREAKFAST</p>	<p>30 Movie Day & Birthday Party at Chena Building starting at 10am-2pm Sandwiches & Chips Cake & Ice Cream Drinks</p>