

TITLE VI

AUGUST MENU & ACTIVITIES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>2</p> 	<p>3</p> <p>Chicken Alfredo Italian Blend Garlic Bread Italian Cream Cake</p>	<p>4</p> <p>Beef Tamales Black Beans Spanish Rice Peaches</p>	<p>5</p> <p>Shrimp Gumbo On Rice Pacific Blend Fruit Cocktail</p>	 <p>6</p>	
<p>9</p> 	<p>10</p> <p>Chicken Tenders Mashed Potatoes with Gravy Capri Blend Chocolate Pudding</p>	<p>11</p> <p>Meat Loaf Scalloped Potatoes Winter Blend Surprise Fluff</p>	<p>12</p> <p>Pork n Hominy California Blend Salad Fry Bread Fresh Fruit</p>		<p>13</p>
<p>16</p> 	<p>17</p> <p>Chicken Pot Pie Salad Carrot Cake</p>	<p>18</p> <p>Spaghetti Italian Blend Garlic Toast Tropical Fruit</p>	<p>19</p> <p>Tuna on Lettuce & Tomatoes with Bread 3 Bean Salad Cottage Cheese Pears</p>		<p>20</p>
<p>23</p> <p>HOUSE CLEANING, SHOPPING, TRANSPORTATION, MEDICATION PICK UP, ONLY ON MONDAY</p>	<p>24</p> <p>Grilled Chicken Breast Wild Rice Spinach Cake</p>	<p>25</p> <p>Steam Fry Mixed Veggies Salad Fry Bread Fresh Peaches</p>	<p>26</p> <p>Catfish Coleslaw Hushpuppies Sweet Potatoes Fries Dessert</p>		<p>27</p>
	<p>30</p>	<p>31</p> <p>Chicken Chef Salad Black-Eyed Peas Bananas</p>	<p>DINE IN NOW AVAILABLE</p> 		<p>CLEANING SUPPLIES Request Wednesday ONLY (Supplies are limited)</p>
<p>Title VI Direct Line 405-547-5407 MENU IS SUBJECT TO CHANGE WITHOUT NOTICE</p>					

Lawn Mowing

Request assistance through Title VI 405-547-5407