

OCTOBER

TITLE VI MENU & ACTIVITIES

TITLE VI

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Tuna Fish on Let-tuce W/ Tomato 3 Bean Salad Crackers Cookies	2 Bacon Eggs Toast Juice
5	6 Chicken Pot Pie Salad Brownies	7 Steam Fry Boiled Potato Brussel Sprouts Fry Bread Banana ½ gallon of Milk	8 Fish Sticks Mac & Rotel Tomatoes Salad Berry Blend	9 Corn Flakes w/ Bana-nas Sausage Links Bagel Cream Cheese
12	13 Chicken n Rice Soup Glazed Carrots Carrot Cake	14 Meat Loaf Mashed Potatoes Gravy California Blend Cookies ½ gallon of Milk	15 Catfish Tater Tots Coleslaw Lemon Meringue Pie	16 Sausage Patties Bagel Scrambled Eggs Juice
19	20 Chicken Alfredo Italian Blend Garlic Toast Italian Cream Cake	21 Pork n Hominy Salad Veggie Blend Fry Bread Fresh Fruit ½ gallon of Milk	22 Shrimp Gumbo White Rice Pacific Blend Cheese Cake	23 Over Easy Eggs Ham Slice Potatoes Toast Juice
26	27 Chicken Sandwich Lettuce & Tomatoes Baked Lays Chocolate Cake	28 Pork Roast w/ Gravy Scalloped Potato Veggie Blend Coconut Cream Pie ½ gallon of Milk	29 Hot Roast Manwich Mashed Blood Capri Blend Blood Cake	30 