

# Walk

TOWARDS

# WELLNESS



## SEPTEMBER 26<sup>TH</sup> | 6PM

**CIMARRON TRAILS GOLF COURSE  
1400 LOVERS LANE  
PERKINS, OKLAHOMA 74059**

### **PREVENTION AND AWARENESS OUTREACH ACTIVITY**

- Diabetes Health Care and Prevention
- Suicide Prevention
- Substance use Prevention
- Medication Safety
- Mental Health Awareness
- Self-Care

*Everyone and all  
ages welcome!*

PERKINS FAMILY CLINIC • 509 E. HWY 33 • PERKINS, OKLAHOMA 74059 • 405-547-2473



Diabetes  
WELLNESS PROGRAM



Behavioral  
HEALTH



Community  
HEALTH

